

What's Your Life Potential?

Jeffrey & Julia Willman

DOUBLE J ROOFING & CONTRACTORS

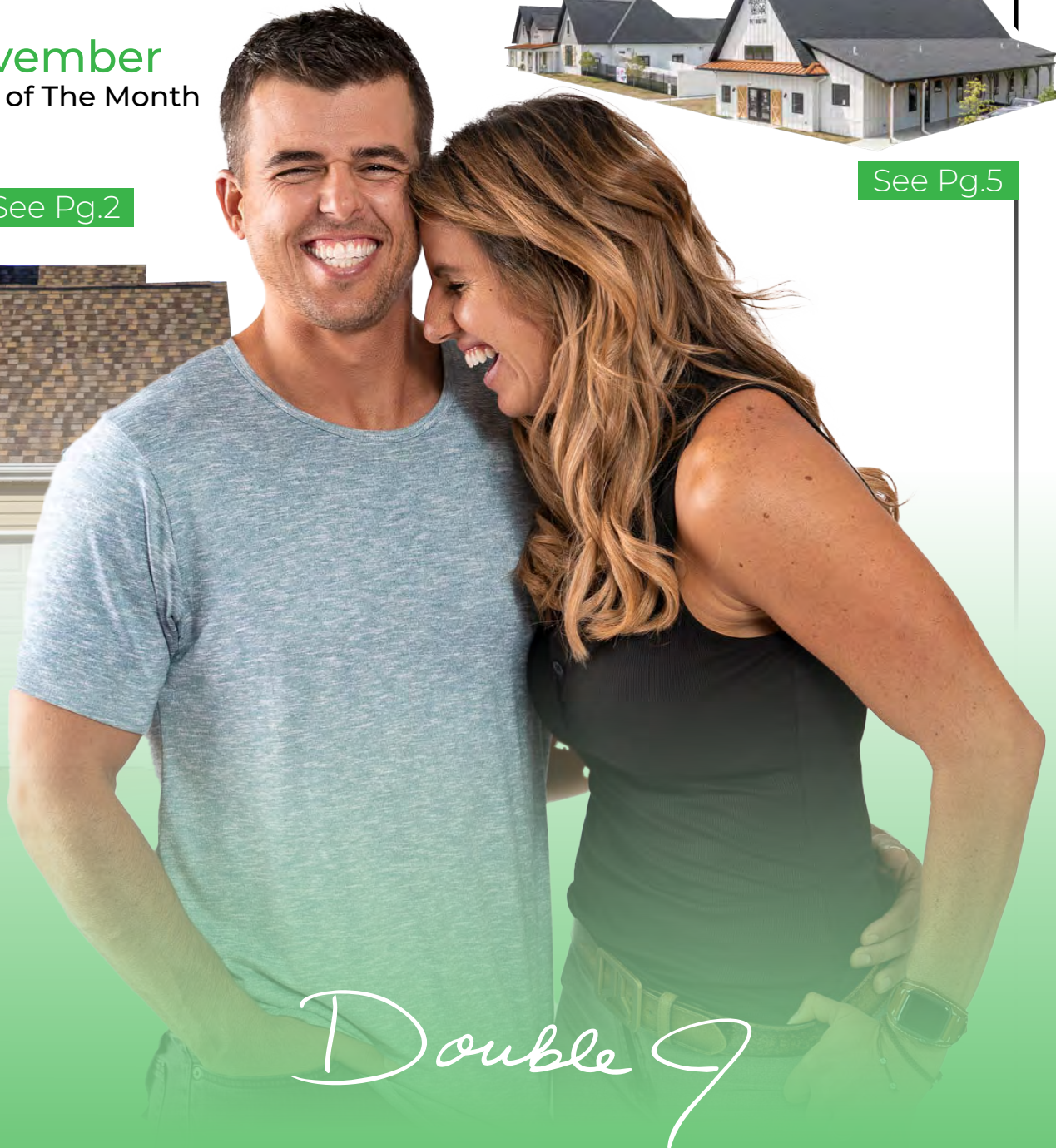
November
Shingle of The Month

JOB COMPLETE



See Pg.2

See Pg.5



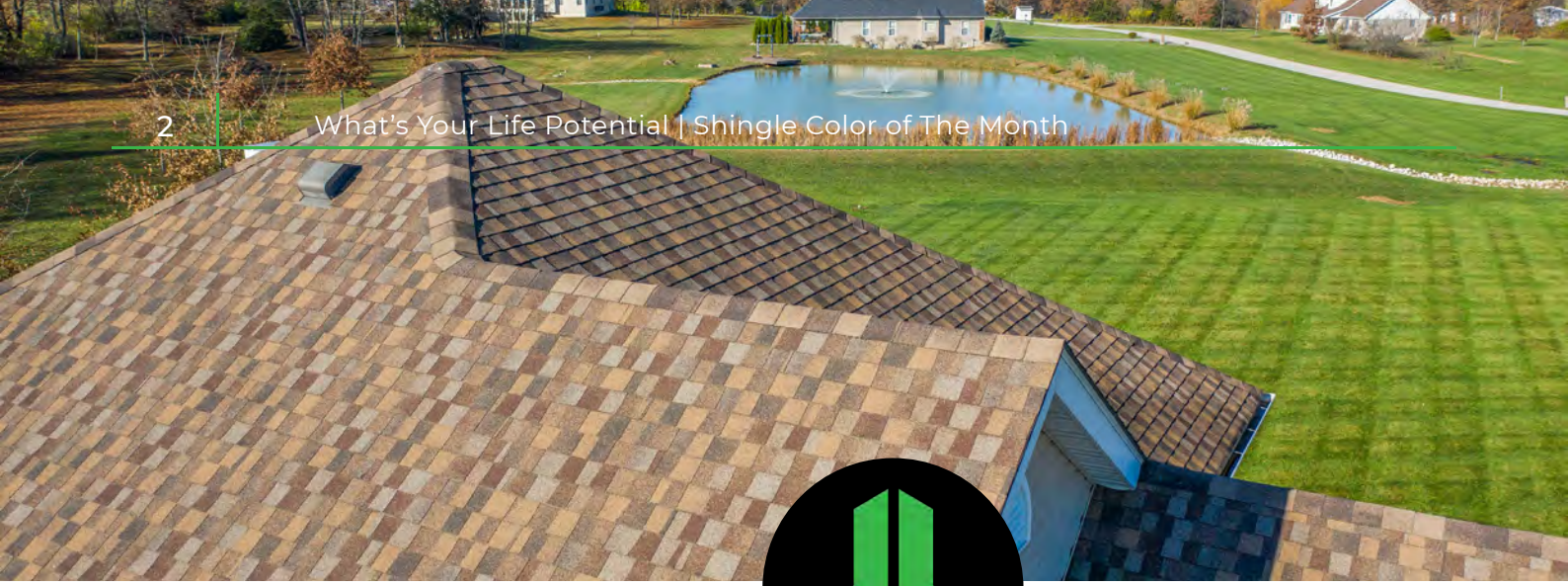
Double J



NOV 2021

THE WILLMAN FAMILY
Don't Blend In, Stand Out

See Pg.3



SHINGLE COLOR
SADDLEWOOD RANCH



NEW SEASON NEW GOALS



Dont Blend In, Stand Out

November is here, and that brings us a whole new 2021-2022 volleyball season. Last year was ground zero... new to us, a new team for the club and new struggles to over come. THIS year we are coming back with a year of experience behind us, a better outlook for what to expect and NEW goals for the team.

At the U12 level a lot of the athletes are just being introduced to the sport. At the club level, they are going to see for the first time what it's going to take to perform at this level. This is a sport you tryout for, not everyone makes it, and once you've got your spot on the team, you have to KEEP earning it. Everyday. Every practice. On and off the court. How do you do that? You have to learn to stand out.

Keep Earning It. Everyday. Every Practice.

To stand out you are going to have to do MORE than the person next to you. The bare minimum might get you a jersey, but it isn't going to get you playing time or wins on the board. My job as a coach is to teach them how to play, give them the knowledge they will need but it's up to them to take the initiative and act on it. I hope to light the fire that will lead them to a successful year in not just volleyball, but learn the skills to lead a successful life!

Right now my team is pretty great at serving. I'm seeing a lot of potential here and as a coach, I'm dreaming of Ace's on the court and smiles on their faces. So why am I making them practice jump serves? Because we want to STAND OUT! Jump serves are more advanced, making them more difficult. An athlete with a 80% float serve rate may get 40% of their jump serves. But you know what...it's practice and Im going to push you to get better.

GET MEAN! That's what I tell them. The ones on the other side of that net have your points. You can easily serve them... or we can own this court, learn to jump serve, and take the game. Learning to jump serve is hard. They will fail often. And they will get better if they keep practicing. A good jump serve is better (in my opinion) than a good float serve because of the intimidation factor. You see a girl take her approach for a jump serve and mentally you are saying "oh man here it comes, she's good".

It's time to learn to stand out. Put in the effort to run the court, and run your life. Hard work is going to get you places you thought wouldn't be possible, but you have to take the **INITIATIVE** and do the **WORK** to get there.

You Were Born to Stand Out.

- *Julia*
Julia Willman

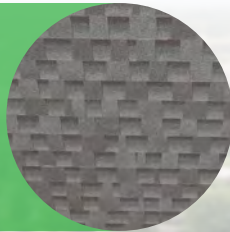


PAO VOLLEYBALL
12U GREEN 2020-2021

PROJECT COMPLETE



SHINGLE COLOR
CHARCOAL





Double G

Leaving Our Signature on
Every Roof